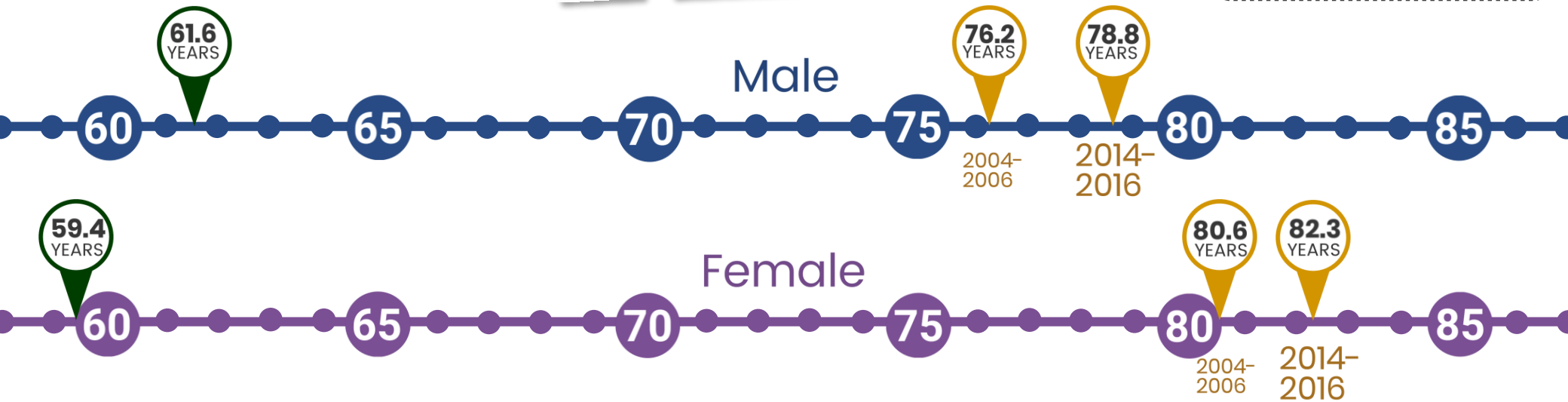
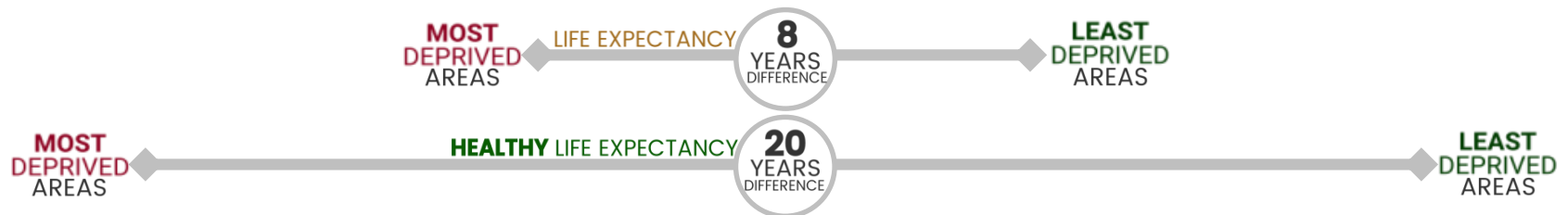


# Ageing Well in Kirklees

 LIFE EXPECTANCY AT BIRTH  
 HEALTHY LIFE EXPECTANCY AT BIRTH  
 2014-2016

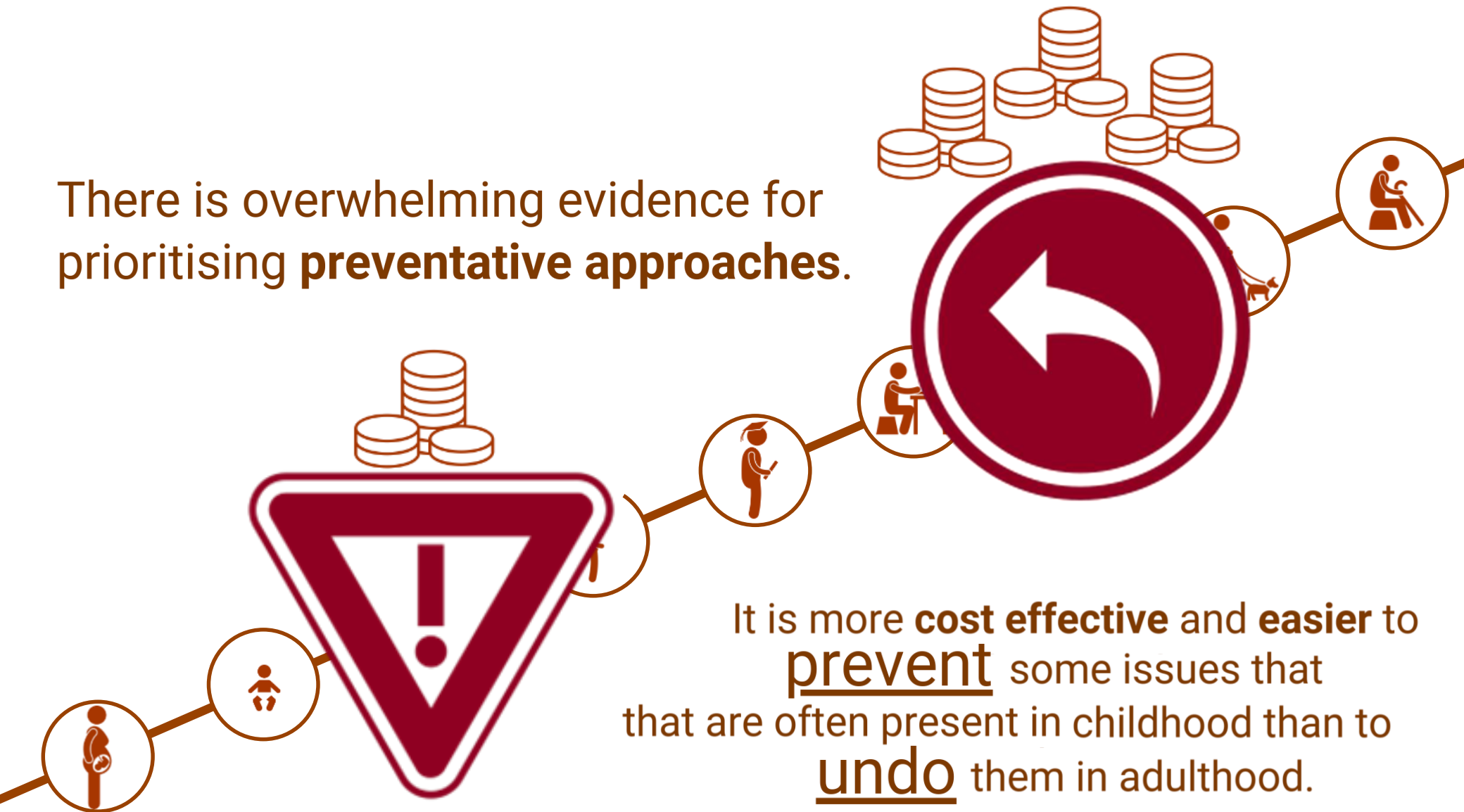


There is a clear **social gradient** for **LE** and **HLE** for both **males** and **females**:



# A "life course" approach

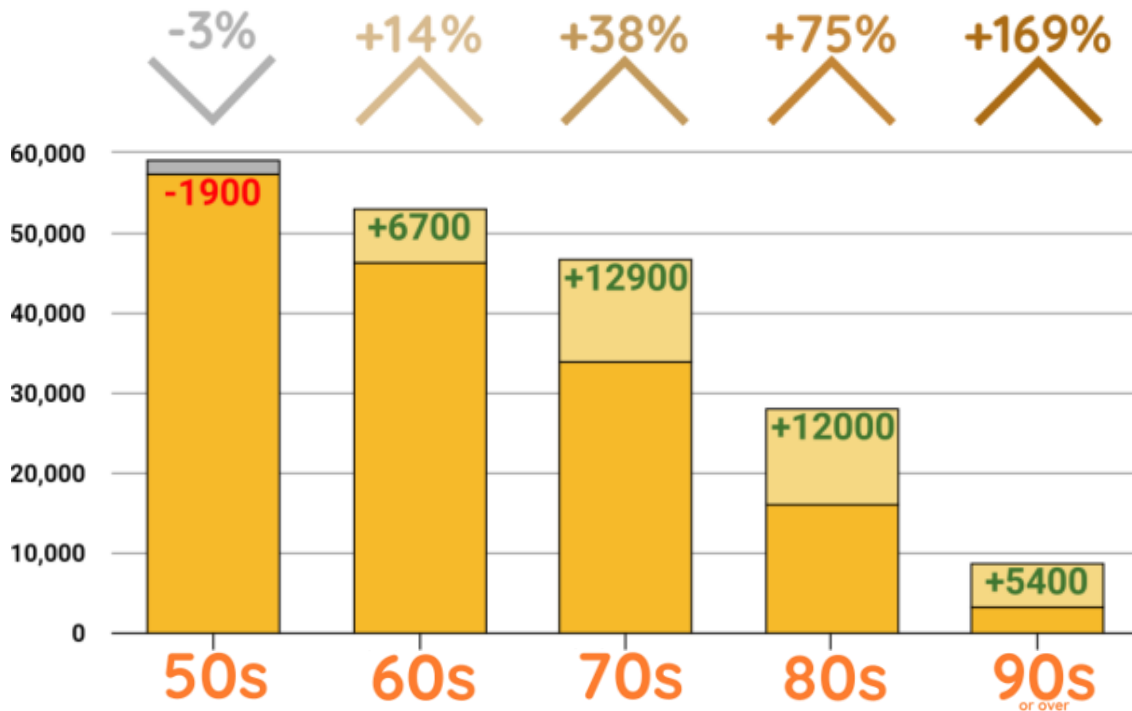
There is overwhelming evidence for prioritising **preventative approaches**.



It is more **cost effective** and **easier** to **prevent** some issues that that are often present in childhood than to **undo** them in adulthood.

# Changing need

Projected population changes  
2017-2037

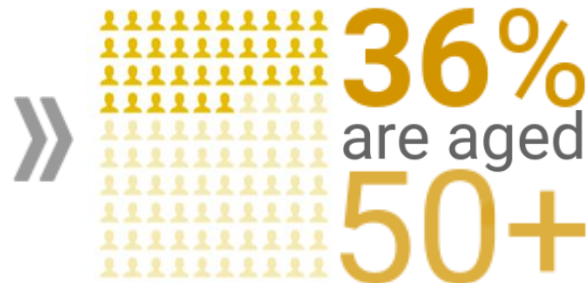


The 'oldest old', who have a substantial risk of requiring long-term care, are the **fastest growing age group** in the UK.

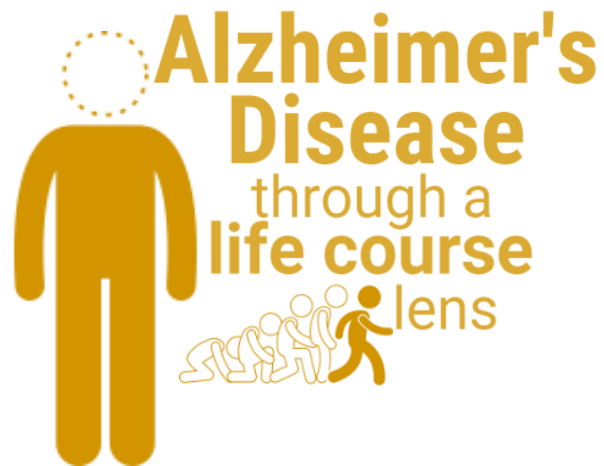
The way in which people receive care is changing...



There are around  
**440,200**  
PEOPLE  
living in  
**Kirklees**




## Alzheimer's Disease through a life course lens




The **community, families** and **carers** provide key support to the health and care system.

**£ UNPAID CARERS = £ NHS**

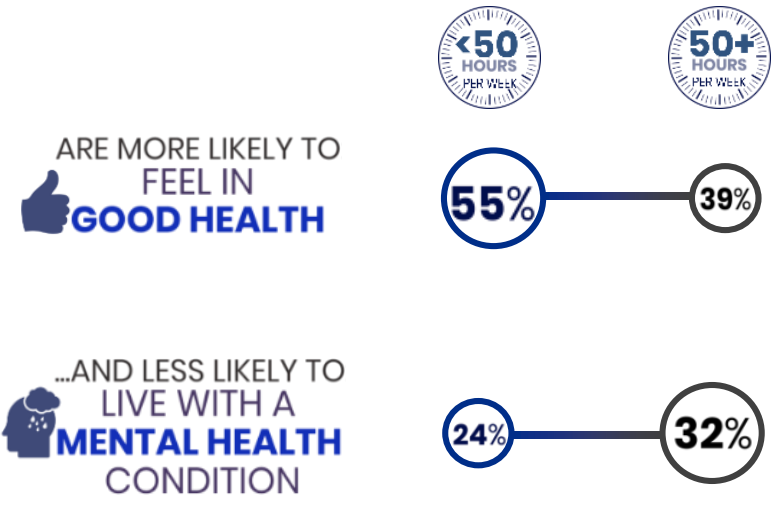
### Older people WITH NO or LOWER FREQUENCY CARING RESPONSIBILITIES

  
**1 OUT OF 4 FEMALES**

**&**

  
**1 OUT OF 5 MALES**

**AGED 50+ HAVE CARING RESPONSIBILITIES**



**A QUARTER** of the **older** workforce have some kind of **CARING RESPONSIBILITIES**

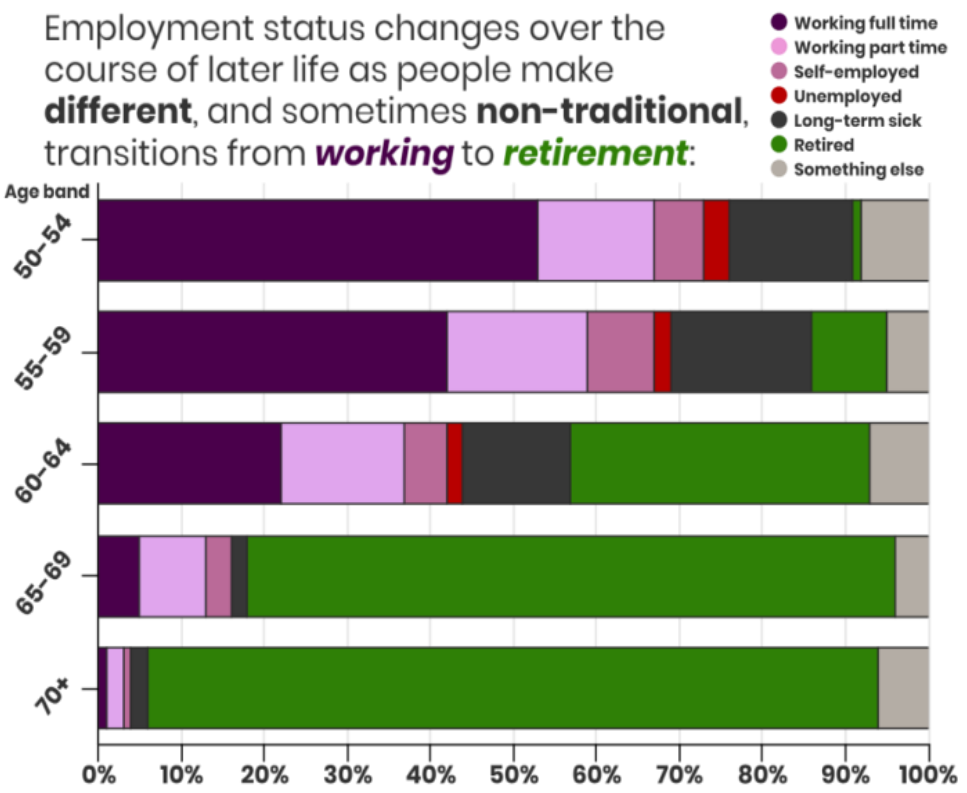
**1 OUT OF 10 WORKING CARERS PROVIDES 50+ HOURS OF CARE PER WEEK**



# Working in later life

Working later in life has benefits for **individuals** and **families, employers and wider society.**

Employment status changes over the course of later life as people make **different**, and sometimes **non-traditional**, transitions from **working** to **retirement**:



Evidence shows that these skills can improve people's retirement savings and their work and health outcomes.

Age-diverse teams offer benefits for **employers**, including:

<b>Problem solving skills</b>	<b>Experience</b>
<b>Reliability</b>	<b>Greater innovation</b>
<b>Punctuality</b>	<b>Knowledge sharing</b>
<b>Different perspectives</b>	<b>Professionalism</b>
<b>Interpersonal skills</b>	<b>Mentoring</b>

# Volunteering

-  improved quality of life;
-  improved life satisfaction;
-  improved ability to cope with ill health;
-  healthier lifestyles;
-  improved family relationships;
-  improved social networks;
-  improved self-esteem;
-  sense of purpose.



**45%** of people aged 50+ **VOLUNTEER** at least monthly



...so **encouraging** and **enabling** more people to volunteer across the life course as well as in later life is an important contributor to **ageing well**.

## "Grandparenting" can...



...foster a **child's** sense of wellbeing



...help **younger generations** remain in employment



...promote resilience in **later life**

### NATIONALLY:

**1 OUT OF 4** WORKING FAMILIES & **1 OUT OF 3** WORKING MOTHERS USE GRANDPARENTS FOR CHILDCARE

**63%** OF GRANDPARENTS

with GRANDCHILDREN

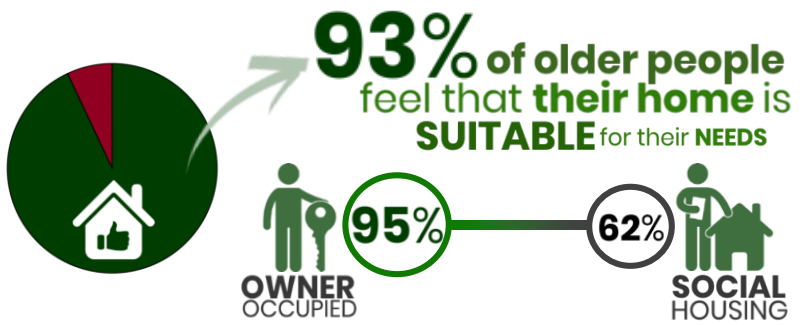
**UNDER 16** help out with **CHILDCARE**



**RATES OF VOLUNTEERING** are already **HIGHEST** among **OLDER ADULTS**

# Places

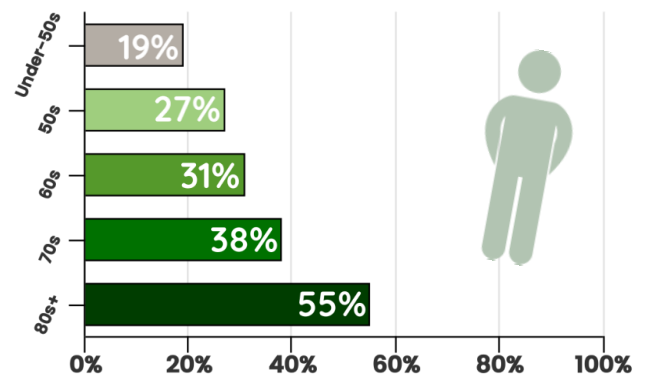
Well-designed and accessible environments have a **positive effect** on individual and community health and **wellbeing** and reduce **isolation**.



"Intergenerational mixing" can reduce loneliness



The proportion of people living alone **INCREASES** WITH AGE:





# Older people

The importance of being **inclusive** cannot be overestimated; **ageist attitudes harm older people** as they lead to age-based **discrimination**.



**EXPERIENCE**



**KNOWLEDGE &  
INSIGHTS**



**HERITAGE**



**VOLUNTEERING**



**CHILDCARE**



**CARING**